

# Connecting Clients

## with a CARA Plan of Care to Supports



### WHY IT MATTERS

Clients that have a CARA Plan of Care established may have access to a variety of services and supports available through their Managed Care Organization (MCO). While an MCO does not need to receive a copy of the CARA Plan of Care, it is important that they are notified about one being in place so that services and supports can be made available.



### WHAT IS NEEDED

When contacting the client's MCO please indicate:

1. That a CARA Plan of Care is in place
2. Whether or not the client is currently in a healthcare setting
3. What referrals were already provided

Additionally, please provide the client's most current contact information so that the MCO can conduct all necessary follow-up.



### WHO TO CONTACT

**Anthem  
Blue Cross  
Blue Shield**

OB Care Management Referrals: [nv1cm@anthem.com](mailto:nv1cm@anthem.com)

**Molina  
Healthcare**

Case Management: [NV\\_CM@MolinaHealthCare.com](mailto:NV_CM@MolinaHealthCare.com)

**Silver Summit  
Healthplan**

Case Management Department: (844) 366-2880

**UnitedHealthcare  
Health Plan of  
Nevada**

OB Care Management Department: [HPNOBTeam@uhc.com](mailto:HPNOBTeam@uhc.com)