

NEVADA PERINATAL HEALTH INITIATIVE

COMPREHENSIVE ADDICTION AND RECOVERY ACT (CARA) PLAN OF CARE TRAINING DESCRIPTIONS AND LINKS

This training series is intended to assist child welfare, social services, substance use disorder treatment, public health and mental health agencies, hospitals with labor and delivery units, and providers of maternal and child health services to facilitate collaboration in developing, updating, implementing, and monitoring Comprehensive Addiction and Recovery Act (CARA) Plans of Care.

TRAINING #1: CARA PLAN OF CARE OVERVIEW

This training should help you to understand who plays a role in implementing CARA Plans of Care as well as the background and best practices for implementing Plans of Care. Abigail Hatefi, the Health Program Specialist at the Substance Abuse Prevention and Treatment Agency (SAPTA), at Nevada's Division of Public and Behavioral Health (DPBH) presents an overview of federal and state legislation and administrative code and reviews key steps in the process of completing a CARA Plan of Care. Beverly Brown, the Social Services Chief II at Nevada's Division of Child and Family Services (DCFS) and the state lead for the Child Abuse Prevention Treatment Act (CAPTA), provides more information on the intersections between CARA and child welfare.

Link: <https://youtu.be/OlnfAW74mKU>

TRAINING #2: ROUNDTABLE DISCUSSION

This training addresses common questions when implementing the CARA Plan of Care in Nevada. In a roundtable discussion format based on case scenarios, experts provide their perspectives on questions received from the Perinatal Health Initiative CARA Workgroup. Discussions cover screening for substance use, populations for whom a Plan of Care is appropriate and not appropriate, covering how cannabis use impacts the decision to provide a Plan of Care, and how to discuss the Plan of Care with families. Discussion panelists include:

Dr. Deepa Nagar, Neonatologist, Dignity Health.

Sharon Savage, Assistant Manager, Clark County Department of Family Services (DFS); overseeing the Comprehensive Addiction and Recovery Act (CARA) Program.

Dr. Farzad Kamyar, Psychiatrist, Director of Collaborative Care for the Maternal Opioid Treatment Health Education and Recovery (MOTHER) Program, High Risk Pregnancy Center and the EMPOWERED Program at Roseman University of Health Sciences.

Rachel Mack, Associate Director, EMPOWERED Program at the Roseman University of Health Sciences.

Link: <https://youtu.be/PkW-ORHPfgk>

TRAINING #3: NAVIGATING RESOURCES

The purpose of this training is to assist child welfare, social services, substance use disorder treatment, public health and mental health agencies, hospitals with labor and delivery units, and providers of maternal and child health services to identify services and resources for families impacted by problematic substance use. Cassius Adams, Children and Youth with Special Health Care Needs Program Coordinator at Nevada's Division of Public and Behavioral Health (DPBH) walks through resources available on [Nevada's Medical Home Portal](#). Tasha Cadwallader, Maternal, Infant Health Program Coordinator at DPBH provides an overview of the [Sober Moms, Health Babies](#) website. Elli Komito, Program Manager, Maternal, Infant, and Early Childhood Home Visiting at DPBH describes home visiting programs available to Nevada residents with young children. This training is facilitated by Tami Conn, Section Manager of the Maternal, Child and Adolescent Health Section at DPBH.

Link: <https://www.youtube.com/watch?v=pmcYUVkY5sc>

TRAINING #4: COMPLETING PLANS OF CARE IN OPENBEDS

In this training Miranda Branson, Diversity/Openbeds Coordinator, Overdose Data to Action, Trudy Larson MD Institute for Health Impact and Equity, University of Nevada, Reno School of Public Health walks through **how to enter a Plan of Care in the OpenBeds system.**

Link: <https://us-42363.app.gong.io/e/c-share/?tkn=21o56nkvtkf127xaq5j5t87i>